

From Stress to Rest: My Sex Life

5/2/10; Senior Pastor Ray Wickham

Genesis 2:20-24

1. UNDERSTAND _____ OF GOD'S GIFT

- Our sexuality determines our _____.

"So God created man in His own image, in the image of God He created him; male and female He created them." Genesis 1:27

Our sexuality affects all of who we are: _____,
_____, _____ and _____.

Our sexuality governs our _____.

"For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh." Genesis 2:24

2. FOLLOW THE _____ FOR GOD'S GIFT.

God's Direction: Sex is for a man and a woman who have made a commitment of marriage.

Look at Hebrews 13:4

Why?

Sex creates a permanent _____.

When we break a permanent _____ we have a permanent _____.

God's direction: Be _____

Avoid _____

"It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control his own body in a way that is holy and honorable." 1 Thessalonians 4:3-4

"Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body." 1 Corinthians 6:18

God's Direction: Here's what is immoral

"Surely you know that the people who do wrong will not inherit God's kingdom. Do not be fooled. Those who sin sexually, worship idols, take part in adultery, those who are male prostitutes, or men who have sexual relations with other men, those who steal, are greedy, get drunk, lie about others, or rob – these people will not inherit God's kingdom." 1 Corinthians 6:9-10 (New Century Version)

*"In the past, some of you were like that, but you were **washed clean**. You were **made holy**, and you were **made right with God** in the name of the Lord Jesus Christ and in the Spirit of our God."* 1 Corinthians 6:11 (New Century Version)

How to take sexual sin seriously

"Flee the evil desires of youth, and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart." 2 Timothy 2:22

- Run _____
- Run _____
- Run _____

God's Direction in Marriage: Be _____ with your body.

Look at 1 Corinthians 7:3-5 & Proverbs 5:15-19

Two things to admit:

1. We don't know as much about each other's _____ as we claim.
2. We can't read each other's _____.

Two answers:

1. Better _____
2. Better _____

God's Direction: Talk to your _____ about sex.

"These commandments that I give you today are to be upon your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:6-7

3. HONOR _____ OF GOD'S GIFT

"The body is not meant for sexual immorality, but for the Lord, and the Lord for the body."
1 Corinthians 6:13

"You are not your own; you were bought with a price. Therefore honor God with your body."
1 Corinthians 6:19-20